



# Menu of Procedures

## A Little About Us ...

As Erie's only med spa, we provide the very latest and most innovative aesthetic medical treatments, as well as products and services that can only be found in a physician's office.

Founded in 2006 by Dr Lauren Mozdy, we believe in a holistic approach, knowing that when you look better, you feel better, and you take better care of yourself.

Also on staff is Melissa Dengler, a Naturopathic Doctor who offers nutritional assessments, homeopathy, detox and lifestyle programs, as well as bioidentical hormone balancing.

Dr Mozdy's training as a board-certified anesthesiologist, licensed physician acupuncturist and laser surgeon, enables her to offer the latest treatments, safely with minimal discomfort. She has refined the art of combining medical skin care, with facial injectables & laser rejuvenation.

She is one of the first physicians in the region to be trained in a new injection technique using a blunt-tipped microcannula – instead of a sharp needle for dermal filler injections. There is less discomfort, pain, & bruising. She is also the only area doctor performing innovative procedures such as PRP (Platelet Rich Plasma) Injections, a completely natural self-filler.

At the Med-Spa, you will never look "done", but refreshed and natural. And yes, younger too.

*Call us at 814.833.1756 with questions or to schedule an appointment.*

Lauren M. Mozdy, M.D.  
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Erie, PA 16506  
814.833.1756

## ● The Syringe of Youth!

### 🌿 The Non-Surgical Facelift

Dr. Mozdy specializes in the Injectable Lift- with her extensive experience, unmatched skills with a needle, and artistic eye. The results are instant, minimally invasive, affordable, but still subtle. She has refined techniques for a liquid lift that combines multiple syringes of fillers plus Botox.

To quote one of our patients after the procedure: "What a lift, what a gift!"

### 🌿 Botox

It smooths wrinkles by relaxing facial muscles. Botox softens grumpy or worried expressions on the forehead and between the brows, and reduces crow's feet. Priced per unit, the average treatment is between \$275 and \$350 for one area, plus our Brilliant Distinctions discounts. It is also FDA approved for migraine and tension headaches. It also can be used for a neck bands, lip lines, and frown lines

### 🌿 Radiesse, Juvederm and Perlane Fillers

These FDA-approved dermal fillers are quick and comfortable procedures that give immediate wrinkle correction and volume restoration. Fillers improve facial symmetry, revive the shape of a youthful face, and plump the lips for natural-looking fullness. The cost ranges from \$475 to \$600 per syringe.

### 🌿 Regenerative Medicine for the Skin: Selphyl

Selphyl is a product that uses your own PRP (Platelet Rich Plasma). This exclusive procedure uses your own platelets and growth factors to smooth out, hydrate and improve the quality of skin. A small amount of your blood is drawn, spun down, and the serum is re-injected in the face, hands, chest, or anywhere new tissue growth and skin rejuvenation is needed. Priced at \$600 for one vial and \$950 for two.

## ● Cosmetic Laser Treatments

### 🌿 Laser Hair Removal

Laser hair removal is considered permanent hair reduction on the face, arms, legs, bikini and back. Only *our* laser can be used on dark and tanned skin. The cost varies, depending on the area treated and multiple treatments are required.

### 🌿 Laser Genesis, The Complexion Laser

One of our most popular skin rejuvenation options, Laser Genesis is a gentle, healing treatment that improves skin texture, pore size, fine lines and wrinkles, clogged pores, and diffuse redness. It is also a treatment option for Rosacea and scarring. A single treatment is \$225 on the face, and a package of three or more is \$200 per treatment. (New reduced pricing!)

### 🌿 Limelight IPL

The Limelight is the first programmable wavelength IPL [Intense Pulsed Light] treatment to remove brown spots, even out texture, and decrease redness anywhere on the face or body. A two-treatment package on the face is \$480. It also treats brown spots on the neck, chest, hands, arms and legs. Excellent for rejuvenation of the hands, a two-treatment package on the hands is \$240.



# MedSpa Products & Services

## Laser Vascular treatments

This laser treats blood vessels on the face and body extremely well, including spider veins, cherry spots, hemangiomas, dilated blood vessels, and Rosacea. Priced by the amount of laser time, for example 10 minutes is \$175, 20 minutes is \$275.

## The Titan

This laser treatment tightens and tones loose and sagging skin on the face, neck, under the eyes, and forehead. Non-painful, actually very relaxing treatment. The Titan costs \$250 for a small area, \$750 for one large area and at least two treatments are required.

## The Pearl

The Pearl is an Ablative Resurfacing laser treatment that produces a new layer of skin in three to four days and deeper dermal heating for toning & long-term collagen production. The Pearl is an innovative technology that is safer, less painful, & has less down-time than other resurfacing lasers. Excellent for sun damage, scarring, and overall rejuvenation. One full face treatment is \$750, with specials on packages.

## Skincare Treatments

### Microdermabrasion & Skin Peels

Our talented aestheticians excel at microdermabrasion, a powerful-yet-gentle treatment that exfoliates superficial skin cells from the face, neck and back, promoting the growth of new collagen and skin cells. A single treatment is \$95, package of #3 is \$255.

### Colorescience Mineral Makeup

Our outstanding makeup artist Serene Rumball will help you learn about this amazing line. Colorescience is the most advanced mineral makeup available. This luxury makeup line is used as a stand-alone product or as part of our post-procedure protocols. A consultation and application is free with a \$75 purchase. An appointment is recommended.

### Juara Luxury Line

Founded in the East Village in Manhattan by four multi-cultural women, Juara is a socially responsible, results-driven, luxury skin care line. It has a cult following, It is based on ancient Indonesian rituals and contains active botanicals – candlenut oil, rice, turmeric, healing teas and red sandalwood. Visit us to try Juara.

### Epionce Skincare

This customized medical skincare line combines the latest researched-based medicine with nature-derived products. Epionce restores the skin's natural protective barrier and helps combat inflammation, fighting skin conditions. Stop in for a professional skincare evaluation and samples.

## Doctor, Doctor, Give Me the News...

### Latisse for Eyelashes & Eyebrows

You won't believe your eyes! Latisse is the only FDA-approved prescription treatment for short or sparse eyelashes & is now also being used to grow eyebrows. Latisse works. We know because like all our services, our staff uses it and loves it. A Latisse bottle lasts about two months and costs \$120, but we have frequent coupons and discounts.

### Injection Lipolysis & Mesotherapy for the face

A significantly less invasive and less painful alternative to liposuction. These quick injections slowly dissolve localized fat deposits, including fat pads under the eyes, chin and jowls. An affordable treatment option, cost is \$125 for a single treatment on the face or neck, \$150 for 2 areas, with discounts for packages.



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Visit us online at [www.IntegrativeMedSpa.com](http://www.IntegrativeMedSpa.com)

Check out our  page for specials and contests.