

Integrative Med-Spa Beauty Insider

THE BEST REVENGE
IS LOOKING
GOOD!

Our *Spring* Laser Special IPL Limelight Facial

Great for brown spots and overall rejuvenation on the face, especially before Summer.

Buy a package of 2 treatments at \$480 and get 50% OFF IPL treatment on the hands. The hands respond *extremely* well & yield *amazing results* for those age spots and crinkled skin. The hands are often neglected and can give away your age, even when your face doesn't.

*Mirror, Mirror
on the wall, who's the best
injector of them all?
Dr. Mozdy, that's who!*

Buy 1 large syringe of Radiesse Filler, and get 10 units of Xeomin (Botox Alternative) FREE, Buy 2 large syringes of Radiesse & get 20 units free plus \$200 off.



Intellishade SPF 45

*Anti-aging tinted moisturizer that
Conceals. Corrects. Protects.*

*All the coverage, sun protection
and daily moisture you need in one
anti-aging product!*

15% off March thru May

BOTOX SPECIAL: Our biggest ever. A total of \$200 off your next 3 Botox treatments!
Get an immediate \$50 off your first treatment, then \$75 off your second and third treatments.



At the Integrative Med-Spa,
our emphasis is on helping you
"look better, feel healthier, live longer!"

Open Mondays to Fridays 9 to 5,
Wednesdays till 7.

www.IntegrativeMedSpa.com

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Dr. Lauren Mozdy, M.D.
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What the M.D. says:

If you are considering any kind of facelift, I urge you to be a fully informed consumer by scheduling a consultation with me to learn about the less invasive, less expensive, and finely tuned options of my Non-Surgical Lift.

Using an artful combination of fillers and Botox, I can make you look years younger without looking "done." With my refined injection techniques like using a flexible microcannula "needle," the experience is comfortable, subtle, and the results immediate, without the expense and risk of complications from surgery.

– Dr. Mozdy

What the Naturopath says:

As we head toward the finish line of winter, one of the simplest and most important things we can do for our overall health, as well as appearance, is to stay properly hydrated!

Drink one-half of your body weight in ounces of water or non-caffeinated fluids daily. If you weigh 130 pounds, you need to drink 65 ounces; just divide your weight by two to reach your goal.

Staying hydrated will improve the functioning of almost every system in your body, making you more resistant to illness and infections, among many other benefits.

– Dr. Dengler

What the Office Manager Says:

Here at the Integrative Med-Spa, we give you service you won't get anywhere else by redeeming your Brilliant Distinctions coupons for you, and maximizing your savings in the process. Because Allergan, the makers of Botox, is celebrating their 10-year anniversary, we can save you up to \$200 on your next three botox treatments! – Julie

What the Makeup Artist Says:

Even though we don't see the sun as much as we'd like in Erie, it is still very important to use sunscreen daily. I believe we have the best and healthiest selections for your skin, including a new matte version of our Revision tinted moisturizer. It matches most skin tones) and has an SPF of 45. Stop in to try it!

– Serene Rumball

What the Aesthetician Says:

This is a great time of year to schedule a microdermabrasion facial, gently sloughing off dead skin and promoting new collagen growth. I am now using the Clairisonic Opal Infusion at the end of facials to really help serums and moisturizers sink deeper in your skin for a beautiful, healthy glow.

– Jess Owens

Patient Testimonial:

I'm not afraid anymore!

I have to laugh at myself for being such a baby about having work done to my face. In all seriousness, I would never have a real face lift because that I am afraid of doing.

So I knew nothing about how to fix it, you know those little things that hit you when you 1st look in the mirror and that pretty much determine how the rest of my day goes.

The first thing's I noticed were the veins on my nose, leopard-like brown spots on my forehead, cheeks, and around my eyes, and then the crease from the corner of my mouth to my chin- like a puppet. With the big 50 right around the corner, I have to admit I needed fixed!

Finally a Doctor who actually listened to me, and understood my needs! And she was absolutely right, I love my mirror now! The wonderful staff helped me through in baby steps and I did it all.

I started with a little Botox, then various lasers and walla, wrinkles and spots gone, veins gone! And the fiesta la resistance, Fillers! 10 years younger, and no one will ever know why.

I'm already getting the, "Wow, what's your secret?" Well, a girl's got her secrets. Right? (wink, wink)

Judy, 49 years old